



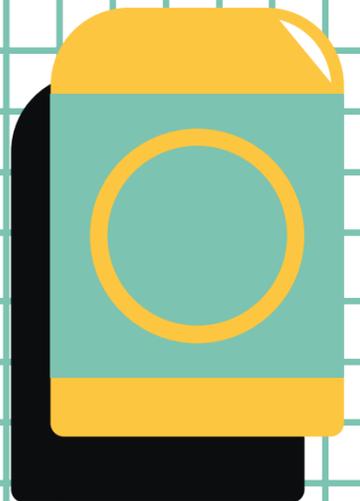
VMS Class of 2024



EASTERN 

HIGH SCHOOL

9TH GRADE COURSE SELECTION



Academic Levels Offered

College Prep (CP)

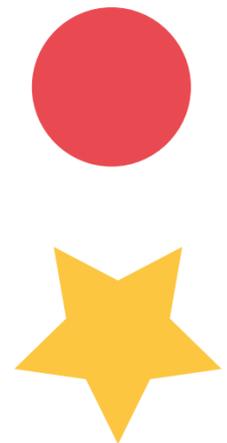
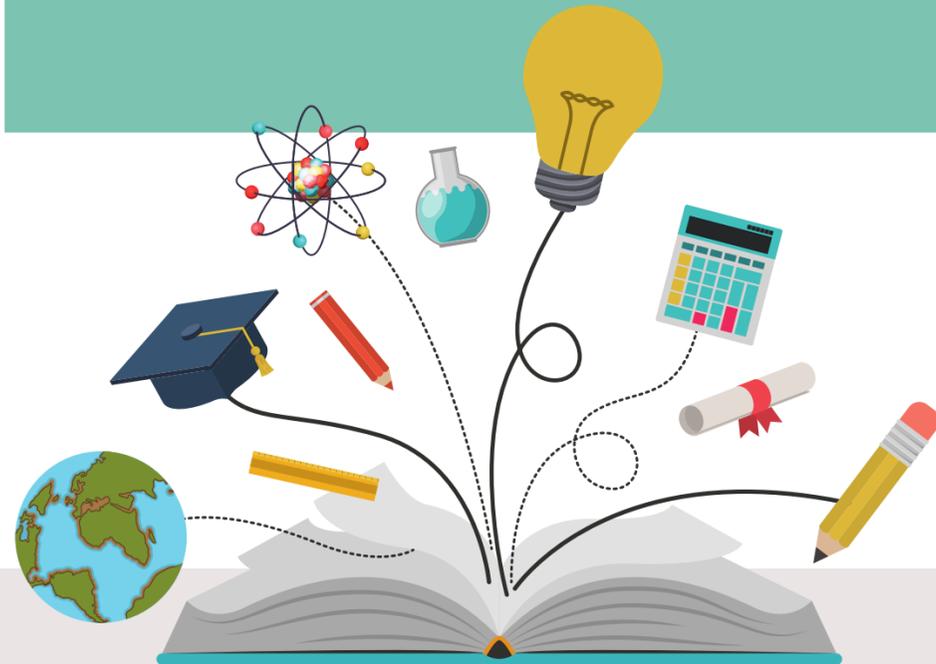
Accelerated

Honors

***Advanced Honors
(English)***

Advanced Placement

- Pace of instruction/ complexity of content
- Difficulty and amount of reading material
- Abstract reasoning/ problem solving skills
- Integration of previously learned material
- Expectations for independent learning and homework
- Level of mastery of course proficiencies
- Grading (primary, secondary, & supportive grades)





ENGLISH

ADVANCED HONORS ENGLISH

THIS IS AN EXTREMELY RIGOROUS COURSE REQUIRING A SERIOUS COMMITMENT ON THE PART OF THE STUDENT. YOU SHOULD BE VERY STRONG IN BOTH READING AND LANGUAGE ARTS.

HONORS ENGLISH

ACCELERATED ENGLISH

COLLEGE PREP ENGLISH

ACCELERATED ENGLISH ICS

COLLEGE PREP ENGLISH ICS

ENGLISH RESOURCE I

READING FUNDAMENTALS

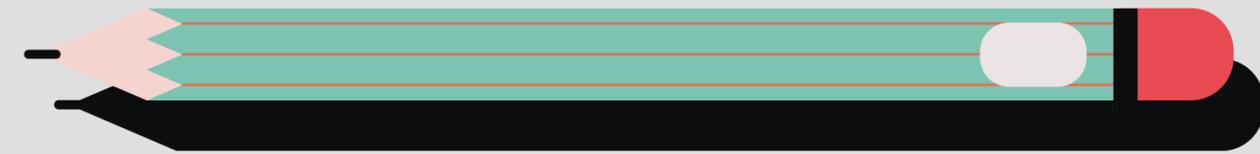
MATH



$$\int x^5 dx = \frac{x^6}{6} + C$$
$$\sum_{n=1}^{\infty} \alpha_n$$

2+2=?

$y = kx + b$



ALGEBRA I IN 8TH GRADE:



GEOMETRY HONORS

ALGEBRA I HONORS

INTRO TO ALGEBRA IN 8TH GRADE

ALGEBRA I HONORS

ALGEBRA I ACCELERATED

ALGEBRA I COLLEGE PREP

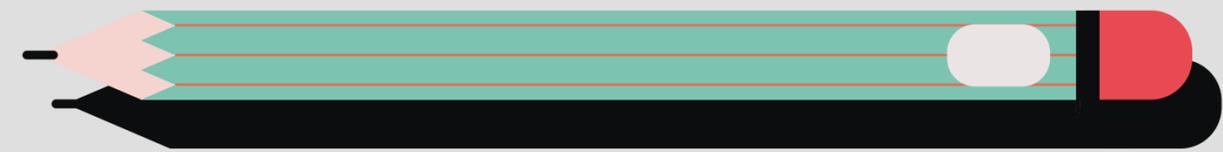
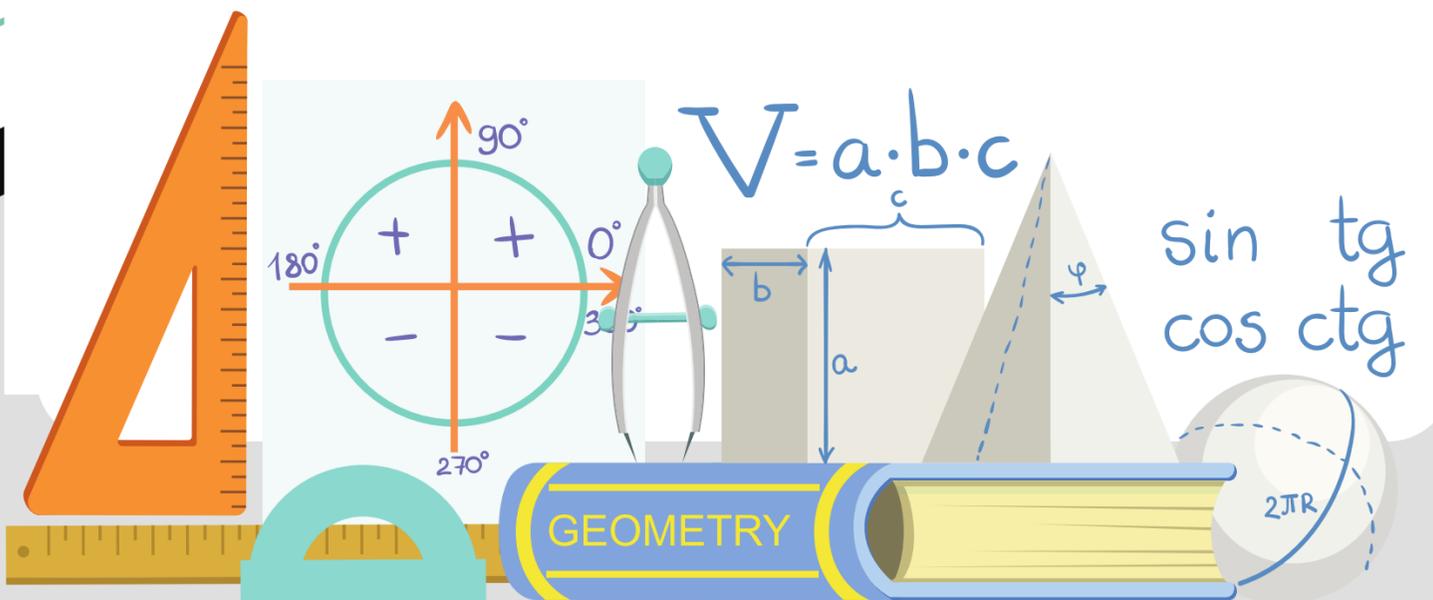
ALGEBRA I ACCELERATED ICS

ALGEBRA I COLLEGE PREP ICS

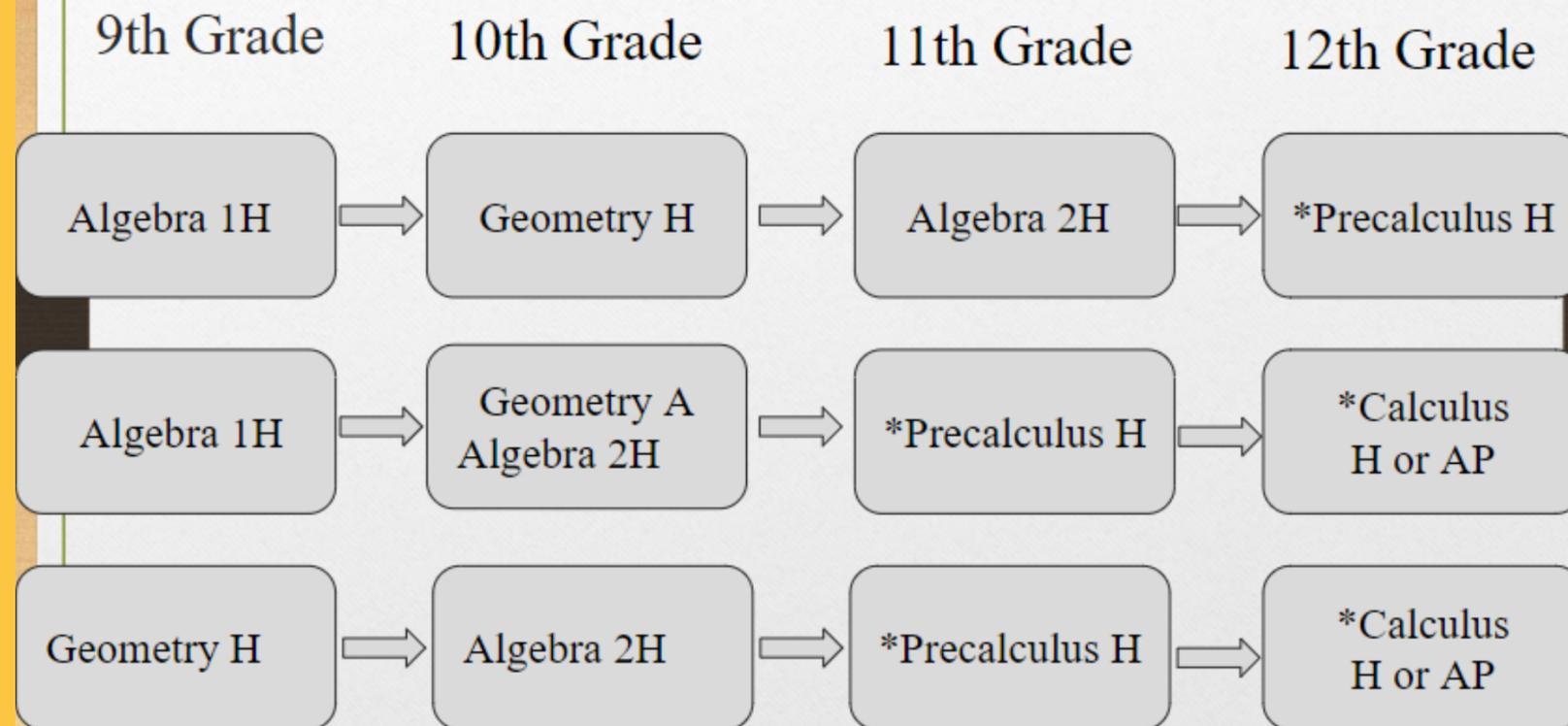
ALGEBRA I RESOURCE

FUNDAMENTALS MATH I

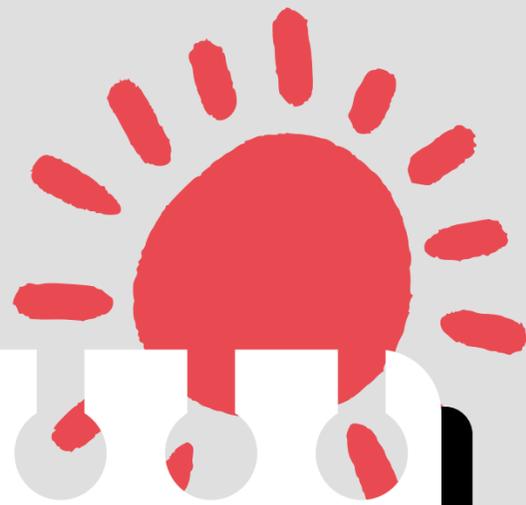
WHICH MATH PATH WILL YOU TAKE?



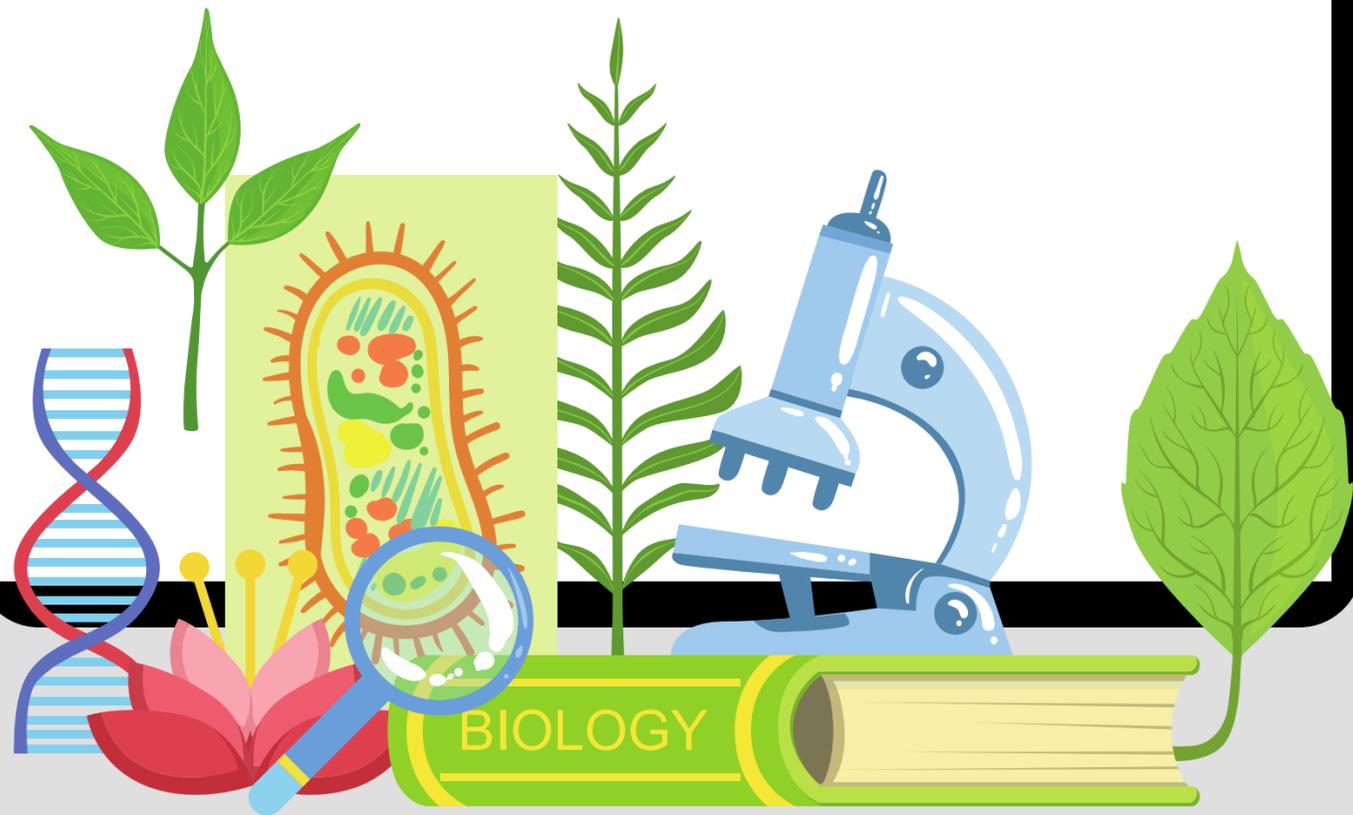
Pathways to Higher Level Math Courses



*Some students in these courses also take AP Statistics.



SCIENCE



HONORS BIOLOGY

*YOU SHOULD BE A VERY STRONG SCIENCE STUDENT
WITH A DEFINITE INTEREST IN SCIENCE.*

ACCELERATED BIOLOGY

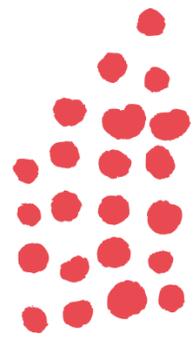
COLLEGE PREP BIOLOGY

ACCELERATED BIOLOGY ICS

COLLEGE PREP BIOLOGY ICS

SCIENCE BIOLOGY RESOURCE

FUNDAMENTALS SCIENCE I



HISTORY



WORLD HISTORY HONORS

YOU SHOULD BE AN A STUDENT IN 8TH GRADE SOCIAL STUDIES AND HAVE A STRONG INTEREST IN STUDYING HISTORY. YOU MUST HAVE TEACHER RECOMMENDATION.

WORLD HISTORY ACCELERATED

WORLD HISTORY COLLEGE PREP

WORLD HISTORY ACCELERATED ICS

WORLD HISTORY COLLEGE PREP ICS

WORLD HISTORY RESOURCE

FUNDAMENTALS SOCIAL STUDIES I

COURSE SELECTION

FEB. 5TH-FEB. 9TH


PROCESS OVERVIEW

Course Selection Appointments with an Eastern Counselor will be Feb.5th - Feb.8th!!



All appointments will be 20 minutes long.

YOU MUST COME TO THE COUNSELING CENTER 5 MINUTES BEFORE YOUR SCHEDULED APPOINTMENT!

Parents will be invited to attend either in person or virtually.

Everyone will receive a Google Invite in your Google Calendar.

You will share this link with your parent/guardian if they choose to attend your appointment.

It is NOT required that a parent/guardian attend!

For this appointment: Please have your profile sheet & planner completed your elective choices!

REMEMBER: YOU WILL RECEIVE YOUR PLANNER AT THE END OF THE DAY ON FEB. 2ND!

The Eastern counselor you meet with during scheduling may NOT be your counselor during your time at Eastern!

CHECK YOUR EMAIL!!



Attention 8th Graders:

You will be meeting with a counselor from Eastern High school during the week of February 5th-8th to select your courses for 9th grade. Each of you will have a 20 minute appointment in person at VMS. Your parents are invited to attend in person or virtually. You must forward this email to your parents if they wish to attend virtually so that they have the meet code. Please look at this event on your calendar for your assigned appointment time.

Letters were mailed home with your appointment times as well. Any questions please reach out to Mrs. Wick.

Bunnell-Jackson 2-24

When Wed Feb 24, 2021 8:30am – 1:30pm Eastern Time - New York

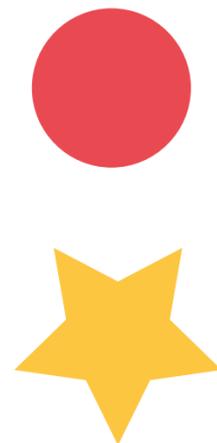
Joining info Join with Google Meet
meet.google.com/rj-jwme-igh

Join by phone
(US) [+1 717-547-9657](tel:+17175479657) (PIN: 316957787)

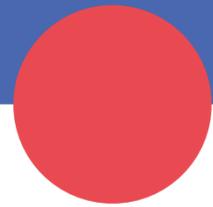
[More phone numbers](#)

Who (Guest list has been hidden at organizer's request)

| | | |
|-----------|--------------|-------------------------|
| Lumey | Ilona | Wed 2/24/21 8:40-9:00 |
| Lynch | Brady | Wed 2/24/21 9:00-9:20 |
| Mack | Jessica | Wed 2/24/21 9:20-9:40 |
| MacMurray | Connor | Wed 2/24/21 9:40-10:00 |
| Magladry | Finn | Wed 2/24/21 10:20-10:40 |
| Maldonado | JonCarlos | Wed 2/24/21 10:40-11:00 |
| Mariano | Justin Tyler | Wed 2/24/21 11:00-11:20 |
| Marquez | Ian | Wed 2/24/21 12:20-12:40 |
| Martin | Noah | Wed 2/24/21 12:40-1:00 |
| Masih | Aaliya | Wed 2/24/21 1:00-1:20 |



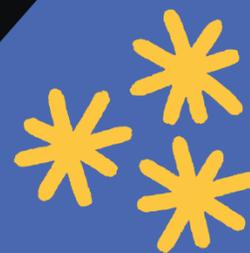
Profile Sheet & Planner



Eighth grade teacher recommendations play a pivotal role in academic level placement.

Your 8th grade teacher recommendations will already be printed on this planner for you. You will need to choose your electives and complete the planner!

Waiver forms: to select a course level higher than the recommendation of your 8th grade teacher, you will need to complete a waiver form. They will be available in the VMS Counseling Center in MARCH. You will be unable to select a higher course level during this scheduling appointment.



Class of 2028 Program Planner and Worksheet

Bring this program planning worksheet with you to your parent/counselor course selection conference.

Use the following sheet when planning your ninth grade course selections.

Notes:

- In order to be eligible for Spring extra-curricular activities, a student must pass at least 15 credits at the end of the first semester.
- Levels in English, mathematics, social studies and science will be determined by 8th grade teacher recommendations.
- Waivers will be available from your 8th grade counselor in March.
- Freshman study hall is high school level placement in the freshmen transition program.

GRADE 9 2024-2025 COURSE SELECTION

| | Course Name |
|---|-------------|
| ENGLISH (LEVEL RECOMMENDED BY 8 TH GRADE TEACHER) | |
| SOCIAL STUDIES (LEVEL RECOMMENDED BY 8 TH GRADE TEACHER) | |
| MATHEMATICS (LEVEL RECOMMENDED BY 8 TH GRADE TEACHER) | |
| SCIENCE (LEVEL RECOMMENDED BY 8 TH GRADE TEACHER) | |
| WORLD LANGUAGE (LEVEL RECOMMENDED BY 8 TH GRADE TEACHER IF CURRENTLY ENROLLED IN WORLD LANGUAGE) | |
| PHYSICAL EDUCATION AND HEALTH | Health/PE 1 |
| ELECTIVE | |
| 9 TH GRADE STUDY HALL | |

Freshmen Alternate Elective Offering

ALTERNATE ELECTIVES **(MUST SELECT 15 CREDITS)**

You must select alternates otherwise your course selections cannot be entered into our scheduling system. These courses will be used to create your schedule if a conflict occurs and/or course(s) is/are closed.

| COURSE TITLE |
|--------------|
| |
| |
| |
| |
| |

Electives

This will be printed on the back of your profile sheet & planner!



Link to Eastern Course Curriculum Handbook



Go to "ECCRSD.US", Find the "Guidance" tab, Scroll down to "Course Guide", Select "Course Guide" and click "2024-2025 Curriculum Handbook"

Electives are either 5 credits or 2.5 credits
 full year course= 5 credits
 half year course= 2.5 credits



Remember that you should come to your prepared with a choice of at least three electives!

You need to list backup choices in case your first selection is unavailable.

Please note that at some point during your high school career, you must satisfy the following requirements:

- Visual and Performing Arts - 5 credits
- 21st Century Life and Careers - 5 credits
- Personal Financial Literacy - 2.5 credits



EASTERN REGIONAL HIGH SCHOOL - GUIDANCE SERVICES Freshmen Elective Options

Course descriptions can be found in the Curriculum Handbook at <https://www.eccrsd.us/domain/95> and clicking on "2024-2025 Curriculum Handbook"

Selection of two semester classes or one full year class in Performing and Visual Arts will fulfill the five credits requirement in that category.

Arts: Visual and Performing Five (5) credits required by graduation

- | | |
|-------------------------------------|---------------------------|
| Art I | Jazz Band* |
| Arts of Crafts (2.5 credits) | Marching Band |
| Concert Choir* | (1 credit - after school) |
| Basic Musicianship/Guitar | Music Technology |
| Handbells 1 | Photo/Visual Arts 1 |
| Introduction to Drama (2.5 Credits) | String Orchestra |
| Introduction to Music Theory | Symphonic Band* |

*When creating your schedule if you select Symphonic Band/Concert Choir/Jazz Band, you may then audition for one of the other ensembles and will be placed accordingly.

Selection of two semester classes or one full year class in 21st Century Life and Careers will fulfill the five credits requirement in that category.

21st Century Life and Careers Five (5) credits required by graduation

- | | |
|---------------------------------|-------------------------------|
| Accounting 1** | Gifted and Talented Seminar 1 |
| Accounting 1 Honors** | Marketing 1 |
| Architecture 1 | Marketing Honors |
| Building Trades 1 (2.5 credits) | Programming Honors |
| Coding | Social Media Accelerated |
| Engineering Drawing 1 | TV/Media 1 |
| Engineering Robotics 1 | Woodworking 1 (2.5 credits) |
| Fashion 1 | |

** = also fulfills Financial Literacy graduation requirement

Financial, Economic, Business and Entrepreneurial Two & one half (2.5) credits required for graduation

- Accounting 1**
- Accounting 1 Honors**
- Personal Financial Literacy (2.5 credits)

English Electives

- Competitive Debate (2.5 credits)
- Journalism I Honors
- Social Media Accelerated

Social Studies Electives

- AP Human Geography

World Language Electives

- | | |
|-------------------|-----------------------|
| French 1 Honors | Spanish 1 Accelerated |
| French 1/2 Honors | Spanish 1 Honors |
| French 2 Honors | Spanish 2 Accelerated |
| Latin 1 Honors | Spanish 2 Honors |

A Typical Freshman Schedule...

Academic courses count for
5 credits each.

You must take a
total of 35 credits.

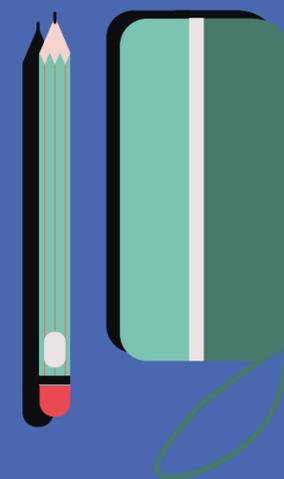
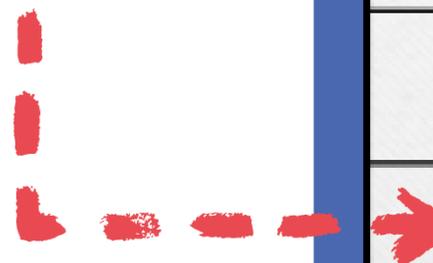
The first 25 credits are required classes that
are automatically assigned.

The remaining 10 credits are
Electives that you choose.

It is recommended that you choose
a World Language as one of your electives,
but you are not required to.

Most Freshman
choose a World Language
as one of their electives
9th grade year.

| Period | Subject |
|--------|---------------------------------------|
| 1 | English |
| 2 | Social Studies |
| 3 | Math |
| 4 | Science |
| 5 | World Language |
| 6 | Health/PE |
| 7 | Elective |
| 8 | Study Hall (Highly Recommended) |



HIGH SCHOOL

Eastern Bell Schedule

| | | | | | Day 1 | Day 2 | Day 3 | Day 4 |
|-----------------------------------|-------|---|-------|------|---------------------------|---------------------------|---------------------------|---------------------------|
| Period 1 | 7:30 | - | 8:22 | (52) | Class 1 | Class 2 | Class 3 | Class 4 |
| Period 2 | 8:28 | - | 9:20 | (52) | Class 2 | Class 3 | Class 4 | Class 1 |
| Pledge and ETV News (in Period 2) | 9:20 | | 9:27 | (7) | Class 2 | Class 3 | Class 4 | Class 1 |
| Period 3 | 9:33 | - | 10:25 | (52) | Class 3 | Class 4 | Class 1 | Class 2 |
| L/L A | 10:25 | - | 10:55 | (30) | Lunch/Lab A | Lunch/Lab A | Lunch/Lab A | Lunch/Lab A |
| L/L B | 10:55 | - | 11:25 | (30) | Lunch/Lab B | Lunch/Lab B | Lunch/Lab B | Lunch/Lab B |
| Period 4 | 11:25 | - | 12:17 | (52) | Class 5 | Class 6 | Class 7 | Class 8 |
| Period 5 | 12:23 | - | 1:15 | (52) | Class 6 | Class 7 | Class 8 | Class 5 |
| Period 6 | 1:21 | - | 2:15 | (54) | Class 7 | Class 8 | Class 5 | Class 6 |
| | | | | | Classes Dropped: 4 & 8 | Classes Dropped: 1 & 5 | Classes Dropped: 2 & 8 | Classes Dropped: 3 & 7 |



SCHEDULE

GRADUATION REQUIREMENTS

Pass all required New Jersey State Assessments

Earn a total of 120 credits.

Pass the following courses:

4 years of Physical Education/Health

4 years of English

1 year of World History/Cultures

2 years of US History

3 years of Math

3 years of Science

1 year of World Language(State minimum)

1 year of Visual/Performing Arts

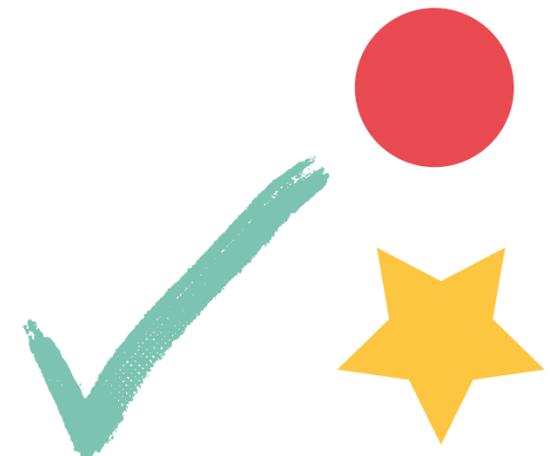
1 year of Career/Consumer/Family Life Skills or

Vocational Technical Education

½ year of Financial Literacy

Meet the attendance policy

Complete the Senior Essay



Clubs and Activities

Academic Challenge
Art Honor Society
American Cultures Club
Chess Club
Debate Club
DECA
ESCAPE Club
French Honor Society
History Honor Society
Model UN
Interact Club

Junior Classical League
Key Club
NHS
Mock Trial
Math League
Robotics
School Newspaper
Science League
Sound & Light Club
Spanish Honor Society

SUCCESS Club
STEAM Club
Student Alliance
Team Theatre
Tri-M Music Honor Society
TV/Media Club
Yearbook
Marching Band
Color Guard
Drumline
Fall Play & Spring Musical



Eastern Athletic Teams

Fall:



Football
Field Hockey
Soccer
Girls Volleyball
Girls Tennis
Cross Country
Cheerleading

Winter:



Basketball
Wrestling
Swimming
Bowling
Winter Track
Cheerleading

Spring:



Baseball
Softball
Lacrosse
Track & Field
Boys Tennis
Boys Volleyball
Golf

ATHLETIC ELIGIBILITY



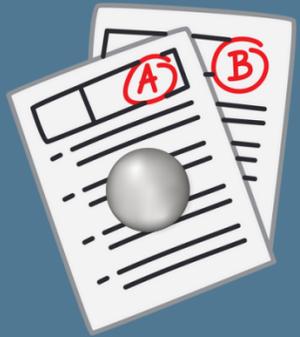
- All incoming freshman are eligible for both the Fall and Winter sports season.
- Must pass 15 credits by mid-year to be eligible for Spring sports season.
- Must pass 30 credits by the end of freshman year to be eligible for the next Fall sports season.



HOW TO BE SUCCESSFUL IN HIGH SCHOOL

- Attend school regularly!
- Regular attendance is **EXTREMELY** important...If you have 11 unexcused **ABSENCES**, you may be given **NO CREDIT STATUS** for the course(s) on your schedule!!!
- 3 lates = 1 absence
- Make responsible decisions
- Organization/ Time Management
- Develop proper study skills
- Complete all assignments/homework – after school help
- Try no to wait until the last minute.
- Break homework/projects down into smaller parts
- Choose an appropriate peer group
- Set goals for yourself

**Freshman
Transition
Camp
Dates:
8/20-8/21**



BACK TO SCHOOL

**Seamless Registration:
Quick, Easy, Secure**


Arbiter Registration

**Class of 2028 Freshman / New Student Orientation Camp
(August 20th and August 21st, 2024)**

 FamilyID